

EXTENSIONS OF REMARKS

RECOGNIZING THE BENEFITS OF OVER-THE-COUNTER CONSUMER HEALTHCARE PRODUCTS

HON. DIANA DeGETTE

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Wednesday, July 24, 2019

Ms. DeGETTE. Madam Speaker, each year, July 24th, is recognized as "International Self-Care Day," an annual opportunity to put a spotlight on the benefits that safe and effective self-care provide to advance public health. Consumer healthcare products such as over-the-counter (OTC) medicines, consumer medical devices, and dietary supplements play a critical role in self-care. Americans enjoy easy access to consumer healthcare products at thousands of retail locations nationwide and online, and they recognize the tremendous value that consumer healthcare products provide for individuals and healthcare systems. In fact, OTCs alone save the U.S. healthcare system over \$146 billion annually. For every \$1 consumers spend on OTC medicines, the healthcare system saves \$7 by reducing the need for more expensive types of healthcare. That's why I was so proud to introduce H.R. 3443 with my colleague from Ohio, Mr. Latta,

forts to mediate conflicts in Southeast Asia, the Middle East, South America and on the Indian subcontinent. His Holiness has dedicated himself to social initiatives all over the world and especially in India, where he has worked to increase voter awareness and establish free health camps, and address social problems ranging from drug abuse to the rehabilitation of prison populations. His Holiness has also worked to protect our environment with an assortment of water and river rehabilitation projects, and through efforts ranging from programs to help train farmers on creating seed banks to building waste management facilities.

In recognition of his decades of service, His Holiness has been honored with awards from countries including India, Argentina, Brazil, Colombia, Hungary, the Netherlands, Paraguay, Peru, Russia and the United States. In 2016, the Government of India awarded him the "Padma Vibhushan", its second highest civilian honor.

His Holiness continues his work throughout the world to bring peace and understanding through meditation and spiritual growth. Madam Speaker, I want to recognize His Holiness Sri Sri Ravi Shankar for the good work he has done through his spiritual leadership and humanitarian service, and commend him for his continued efforts to make a more just and peaceful world.

ronment of prayer, praise, fellowship and mutual aid where everybody was somebody. This legacy lives on in the longevity of Pastor Foster's service.

Please join me in tribute to Pastor Lawrence T. Foster and the members of Calvary Baptist Church as we recognize its one hundredth anniversary.

IN RECOGNITION OF THE 100TH AN- NIVERSARY OF WAVERLY TOWNSHIP AND THE WAVERLY COMMUNITY HOUSE

HON. MATT CARTWRIGHT

OF PENNSYLVANIA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, July 24, 2019

Mr. CARTWRIGHT. Madam Speaker, I rise today to commemorate the 100th anniversary of Waverly Township, Pennsylvania and the Waverly Community House. The first cornerstone for the Waverly Community House, the hub of community activity and affectionately known as 'the Comm,' was laid in 1919.

Waverly found its humble beginning as a few settlers homesteading in a small area of a forest, but as more businesses and settlements began to populate the area, local resident and philanthropist Margaretta Belin and her children saw the need for a space for their community to gather. The idea was a tribute to her beloved husband Henry Belin Jr. who passed away in 1917. As the director of the Scranton Lace Company, Henry was steadfastly dedicated to emphasizing the importance of recreation to his staff. The Belins incorporated the memory of their dear father into the mission statement and purpose of the Waverly Community House as a place for residents to gather, learn, and play together. In 1919, under the direction of architect George M.D. Lewis, the Comm was built, and in 1920 the building and the portion of the land were deeded to Abington Township.

In the century that followed, the Comm faithfully embodied the spirit of the Belin family's mission to promote civic engagement and recreational activities for the Abingtons and beyond. The original building included a bowling alley, a gathering area, a post office, a library, and the first kindergarten in Lackawanna County. The Comm offered activities such as an annual fair, classes, tennis tournaments, and movie. During World War II, the Comm was pivotal in support the war effort on the home front by organizing volunteer efforts, sending regular newsletters to soldiers stationed abroad, holding defense meetings, and collecting book donations.

As the Comm flourished, the Belin children dedicated two additional wings to the building in honor of their mother to accommodate its growing community events. The rooms are still in use today and house spaces for camps, education, arts programs, and a welcome center which features Destination Freedom, a Walking Tour of the Underground Railroad in

HONORING HIS HOLINESS SRI SRI RAVI SHANKAR

HON. RAJA KRISHNAMOORTHY

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

Wednesday, July 24, 2019

Mr. KRISHNAMOORTHY. Madam Speaker, I rise to honor his Holiness Sri Sri Ravi Shankar, a Hindu spiritual leader and humanitarian who has devoted his life to eliminating violence and spreading compassion throughout the world. I also wish to acknowledge the America Meditates guided meditation conducted today in Denver, Colorado by His Holiness as part of the National Summit for Mental Health and Mental Fitness, an event that will be livestreamed nationwide and joined by thousands of His Holiness' devotees.

His Holiness's teachings emphasize the close relationship between spirituality, compassion for others, and concern for the environment. According to his beliefs, spirituality is open to all people regardless of religion or culture, because the bond that all humans share is stronger than any characteristics that may divide us.

His Holiness has taken part in extensive humanitarian work around the world. Volunteers from his many service organizations have distributed food and emergency supplies, and provided spiritual support and counseling, to victims from natural disasters including Hurricane Katrina in the United States and the 2004 tsunami that devastated Southeast Asia.

Sri Sri Ravi Shankar is a champion of peace, and has actively sought to assist in ef-

HONORING THE ANNIVERSARY OF CALVARY BAPTIST CHURCH

HON. RASHIDA TLAIB

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES

Wednesday, July 24, 2019

Ms. TLAIB. Madam Speaker, I rise today in tribute to Calvary Baptist Church, a house of worship in Detroit, Michigan, as its members celebrate the church's one hundredth anniversary, as well as twenty-five years under the leadership of Pastor Lawrence T. Foster.

Born and raised in San Francisco, California, Pastor Foster arrived in Detroit to lead the flock at Calvary Baptist Church in 1994. Pastor Foster is a proud graduate of Morehouse College, completing his theological studies at Harvard University Divinity School. Outside his duties attending to the spiritual needs of his congregation, Pastor Foster has worked to advance causes such as fair housing as a member of the Virginia Park-Henry Ford Hospital Non-profit Housing Corporation Board of Directors, as a board member of the Michigan AIDS Coalition, as well as an advocate for economic and agricultural development in west Africa as a member of the Progressive National Baptist Convention's Missionary Ministry.

Calvary Baptist Church was founded in 1919 by Reverend Henry James Mastin as a place of refuge in its surrounding communities. More than that, Calvary welcomed the migrating masses of African Americans who possessed little social status, providing an envi-

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